

Eats, Beats and More Itinerary

Enjoy two of Southwest Virginia's biggest assets, tradition and the great outdoors, on this weekend getaway.

Friday

- Camp at New River Trail State Park's Cliffview campground in Galax.
- [Dine at Galax Smokehouse](http://thegalaxsmokehouse.com/) (<http://thegalaxsmokehouse.com/>), which features St. Louis style ribs, pulled pork, Texas beef brisket, smoked chicken and burgers.
- The [Blue Ridge Backroads at the Rex Theater](http://www.rextheatergalax.com/) (<http://www.rextheatergalax.com/>) comes alive on Friday nights with a live broadcast of old-time and bluegrass music on WBRF 98.1.

Saturday

- Breakfast at County Line, 956 E. Stuart Drive in Galax.
- [Barr's Fiddle Shop](http://barrsfiddleshop.com/) (<http://barrsfiddleshop.com/>) in historic downtown Galax is home to the finest handmade fiddles, banjos and dulcimers around. Monday - Saturday, 9 a.m. - 5 p.m.
- [The Blue Ridge Music Center](http://www.blueridgemusiccenter.org) (<http://www.blueridgemusiccenter.org>) is 10 miles from Galax on the Blue Ridge Parkway at milepost 213. The center celebrates the music and musicians of the Blue Ridge. It has an outdoor amphitheater and an indoor interpretive center that highlights a vital and still-thriving strand of American music.
- Lunch: Pack a picnic lunch and spend the afternoon enjoying the sights and sounds of the [Blue Ridge Parkway](http://www.blueridgeheritage.com) (<http://www.blueridgeheritage.com>).
- Dinner: [Bogeys](http://www.bogeysgalax.com/) (<http://www.bogeysgalax.com/>), 103 Country Club Lane, Galax. Open Wednesday and Thursday 4 to 9 p.m., Friday and Saturday 4 to 10 p.m. and Sunday 11 a.m. to 2:30 p.m.

Sunday

- Breakfast: Cones-and-Coffee Café, 119 S. Main St., Galax, or Aunt Bea's Barbecue, 526 E. Stuart Dr., Galax.
- Enjoy New River Trail State Park. Hikers, bicyclists and horseback riders frequent this 57-mile multi-use trail. Much of it parallels the New River, renowned for kayaking, canoeing and fishing. Concessions are available at the Foster Falls office, which is 30 miles from Cliffview.