

8 Be a Snake in the Grass

Find a cleared area full of grass or leaves and pretend you are a slithering snake. Try to imitate a snake's movement through the grass and see how far you can go.



9 Roll Down a Hill

Have fun and really experience all that nature has to offer by rolling down a hill. Make sure that your chosen hill does not end in a road or rocky patch.



10 Make Up Your Own Activity

As you explore and discover, you might decide that you want to do another activity. Maybe you wanted to climb a tree or climb through some rhododendron. This is where you can do just that. Make up your own activity and have someone take a picture of you.

After you finish your activities, either come back to the Discovery Center or send a picture of your adventures to tanya.hall@dcr.virginia.gov. Don't forget to include a picture of your Dirty Sneakers.

Notes:



Hungry Mother State Park
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Virginia State Parks

Hungry Mother State Park

Dirty Sneaker Scavenger Hunt



www.virginiastateparks.gov

Everyone wants to be able to find cool animals, unique plants, or beautiful areas when out exploring. However, many creatures and plants are hidden away in hard to find places, like under rocks or in creeks. Explore Hungry Mother State Park and try out all ten activities below to see what you can find and experience.

The real challenge, can you accomplish all ten tasks without dirtying your sneakers?

1 Look Under a Rock

Find a rock that you can lift safely and look under it. What did you see? Worms? Beetles? A spider? Make sure you take note of everything you find and then put the rock back softly and exactly where you found it, because this is home to all those critters.



2 Crawl Over a Log

Find a log that you can barely step over. Does this log have moss or fungus on it? Is it full of holes or has it recently fallen? Before you crawl over the log, check the other side of the log to make sure it is safe.

3 Jump in a Mud Puddle

Look for a muddy puddle along the trail and when you find one, make sure to jump high and create a big splash.

4 Look for a Crawdad in a Creek

Crawdads (crayfish) can be found in all the streams and creeks at Hungry Mother. You will need a quick eye to find one and an even quicker hand if you want to catch one. Look on their belly to see if you see little black eggs. Place them back gently.



5 Dig for a Worm

Find a spot of soil and use your hands and sticks to dig around and look for a worm. Make sure to take a picture if you find one.

6 Find Three Different Leaves

There are many different types of trees and shrubs around the park. As you explore, make sure to take pictures of different leaves. If you don't know the species of tree, just ask and we can figure it out together.



7 Take a Picture of a Flower

As you experience the forest, keep an eye out for little flowers growing out of leaf litter, along tree trunks and fallen logs, and just off trails. Once you find one, take a picture so you can show it to a friend.

